

Food Allergen Information

The Kickin' Crab · Major allergens identified in our standard recipes

IMPORTANT ALLERGEN NOTICE

Our food is prepared in shared kitchens using common cooking equipment, fryers, grills, utensils, and preparation areas. Cross-contact with allergens may occur, and we cannot guarantee that any menu item is completely free from allergens. Guests with food allergies should notify a manager before ordering.

FRIED ITEMS

Cooked in a shared fryer. Fryer oil is highly refined peanut oil or soybean oil depending on the location. Highly refined oils are exempt from allergen labeling, but ask your restaurant if you have a peanut or soy allergy.

Appetizers

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
Raw Oysters	Shellfish	—	
Fried Oysters	Milk, Wheat, Shellfish	—	<i>Fried – see fryer note above.</i>
Fried Shrimp n' Fries	Milk, Shellfish, Wheat	—	<i>Fried – see fryer note above.</i>
Fried Calamari	Milk, Wheat, Shellfish	—	<i>Fried – see fryer note above.</i>
Kickin' Wings	Milk, Wheat	—	<i>Fried – see fryer note above.</i>
Chicken Tenders n' Fries	Milk, Wheat	—	<i>Fried – see fryer note above.</i>
Fish n' Fries	Milk, Fish, Wheat	—	<i>Fried – see fryer note above.</i>
Popcorn Shrimp n' Fries	Milk, Shellfish, Wheat	—	<i>Fried – see fryer note above.</i>
Soft Shell Crab Tacos	Milk, Egg, Shellfish, Wheat, Soy	—	<i>Fried – see fryer note above.</i>
Fried Fish Tacos	Milk, Egg, Fish, Wheat, Soy	—	<i>Fried – see fryer note above.</i>
Grilled Shrimp Tacos	Milk, Egg, Shellfish, Wheat, Soy	—	Tortilla is not gluten-free
Cajun Edamame	Milk, Soy	—	

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
Cajun Fries	Wheat	—	<i>Fried – see fryer note above.</i>
Sweet Potato Fries	Milk, Wheat, Soy	—	<i>Fried – see fryer note above.</i>
Onion Rings	Milk, Egg, Wheat, Soy	—	<i>Fried – see fryer note above.</i>
Garlic Noodles	Milk, Wheat, Soy	—	
Garlic Noodles w/ Grilled Shrimp	Milk, Shellfish, Wheat, Soy	—	

Soups

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
Clam Chowder	Milk, Wheat, Soy, Shellfish	—	
KC Gumbo	Shellfish, Wheat	—	

Seafood in a Bag

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
Shrimp	Shellfish	—	
Mussels	Shellfish	—	
Clams	Shellfish	—	
King Crab Legs	Shellfish	—	
Snow Crab Legs	Shellfish	—	
Dungeness Crab	Shellfish	—	
Lobster	Shellfish	—	
Lobster Tail	Shellfish	—	
Crawfish	Shellfish	—	

Seasonings

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
Garlic Butter	Milk	—	
Cajun	Milk	—	
Lemon Pepper	Milk	—	

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
Louisiana	Milk	—	
Kickin’ Style	Milk	—	
KC Fiesta	Milk	—	

Seafood on a Plate

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
Shrimp Platter	Milk, Shellfish	—	
Seafood Scampi w/ Pita Bread	Milk, Shellfish, Wheat	—	
Seafood Alfredo Pasta	Milk, Shellfish, Wheat	—	
KC Tilapia Filet	Milk, Fish	—	
KC Trout Filet	Milk, Fish	—	
Lobster Tail Meal	Milk	—	

Extras

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
Boiled Egg	Egg	—	
Corn	—	—	
Potatoes	—	—	
Sausages	—	—	Casing is made with pork

Sides

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
Steamed Broccoli	—	—	
Steamed Rice	—	—	
Red Rice	Milk	—	
Pita Bread	Milk, Wheat	—	

Condiments

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
Mayonnaise	Milk, Egg, Soy	—	
Ketchup	—	—	

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
Tartar Sauce	Milk, Egg, Soy	—	
Cocktail Sauce	—	—	
Taco Sauce	Milk, Egg, Soy	—	
Butter	Milk	—	
Garlic Butter	Milk	—	

Desserts

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
NY Cheesecake	Milk, Wheat	—	
Churros (select locations)	Milk, Egg, Wheat	—	<i>Fried – see fryer note above.</i>

Combo Deals

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
Kickin' Combo Deal #1	Milk, Egg, Shellfish	—	Depends on add-ons, like eggs, etc
Kickin' Combo Deal #2	Milk, Egg, Shellfish	—	Depends on add-ons, like eggs, etc
Kickin' Combo Deal #3	Milk, Egg, Shellfish	—	Depends on add-ons, like eggs, etc

Bar Bites

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
KC Potato Rings (select locations)	Milk	—	<i>Fried – see fryer note above.</i>
Cheese Curds (select locations)	Milk, Wheat	—	<i>Fried – see fryer note above.</i>
Mozzarella Sticks (select locations)	Milk, Wheat	—	<i>Fried – see fryer note above.</i>
Fried Pickles (select locations)	Milk, Wheat	—	<i>Fried – see fryer note above.</i>
Jalapeño Poppers (select locations)	Milk, Wheat	—	<i>Fried – see fryer note above.</i>
Fried Mushrooms (select locations)	Milk, Egg, Wheat	—	<i>Fried – see fryer note above.</i>
Fried Zucchini (select locations)	Milk, Egg, Wheat	—	<i>Fried – see fryer note above.</i>

DISH	CONTAINS	MAY CONTAIN	PREPARATION NOTE
Pickle Bombs (select locations)	Milk, Egg, Wheat	—	<i>Fried – see fryer note above.</i>
Mozzarella Triangles (select locations)	Milk, Wheat	—	<i>Fried – see fryer note above.</i>
Kickin’ Pitazza (select locations)	Milk, Egg, Shellfish, Wheat, Soy	—	
Onion Rings (select locations)	Milk, Wheat	—	<i>Fried – see fryer note above.</i>
Breaded Zucchini Slices (select locations)	Milk, Wheat	—	<i>Fried – see fryer note above.</i>

Menu items and ingredients may vary by location. Confirm with a manager before ordering. © 2026 The Kickin’ Crab.